

October 2011



ne kooster Urows



The Director's Chair Building on a Firm Foundation by Lois Schering,

Welcome to the 16 new Cursillistas of Women's Spanish Cursillo No. 7 and for the 14 new Cursillistas from the Women's English Cursillo #41 ! We thank the teams for all of their work, including the kitchen crews.

Ten Cursillistas from the Diocese of Knoxville attended the Fall Regional Encounter in Melbourne, KY the weekend of Sept 30-Oct 2. We were in the novitiate of the Sisters of Divine Providence, part of which has been turned into a retreat center. The front steps of the main part of the building were in the opening shot of the movie, *Rain Man.* The theme was "Christ is counting on You." The talks at the workshop were taken from a book entitled "Be a Man (person)" by Fr. Larry Richards. A few of the many points that I brought home to help me read the Bible more often was to put the Bible on the floor where I normally walk and "trip over it" as an invitation to read it. I can see it being beat up by that method. The second suggestion was to put the Bible on my pillow so that I will read it before going to sleep. Before reading the Bible say: "Spirit of the Living God speak to my Heart." Prayer begins with God's prayer inside us (from Bible). Lead by example—be a person of Prayer. Avoid saying "I will "try" Lord." There is no try; you "will" do it.

At the Regional business meeting, since Mike's Witka's term was completed, we elected Cecilia Hamilton of the diocese of Owensboro, KY as a member of the Regional Service Team. Awake from the lethargy of "We're Catholic-we don't evangelize!" Awake and flee from being consumed by hypocrisy. Awake to the God who hungers for us.!

I would like to thank Bob Ketteringham for the work

that he has done as Parish Rep. Coordinator the past several years. Bob is now studying for the Permanent Deaconate and his time is very limited for other involvements. We welcome Dave Campbell, who will be the Parish Rep. Coordinator.

"Cursillo, as a lay ecclesial Movement, is realized in the person who lives their Baptism, announcing the Good News of the Gospel, the love of God, through personal testimony in the places they move about in their square meter in which they find themselves living: home, work, places of entertainment. But always in intimate union with priests." – Juan Ruiz, President of the World Organization of Cursillos in Christianity

"Awake, O sleeper!" ...Awake from the lethargy of "We're Catholic—we don't evangelize!" Awake and flee from being consumed by hypocrisy. Awake to the God who hungers for us.! Let us pray together, priests and lay people, so that in the square meter in which we find ourselves living at any time, as we come upon any brother (or sister), we might be lavish with love (Lk 10:25-29 and Mk 12:31) in a Samaritan spirit (Lk 10:30-37)." – Fr. David Smith, Spiritual Advisor, World Organization of Cursillos in Christianity

At the most recent meeting of the Secretariat, we discussed changes to the By-Laws The following are the proposed amendments for your review and comment:

Article IV. Add the following at the end of the paragraph – School of Leaders meetings in the Diocese of Knoxville will be called 4th Day Workshops to the Cursillo Community as a whole, but function as a School of Leaders.

Article V.1.a. Add the following at the end of the paragraph – The Lay Director shall serve for three (3) years and for a serious reason may be reelected for another term of office. The Lay Director may not serve more than two (2) consecutive terms. (Continued on pg. 3)

The Witness Box- Martha Green

My name is Martha Green, I made my cursillo on Namyan Mountain in Seoul, Korea in Oct. 2006. I sat at the table of St. Gemma.

This is about an event that occurred Wednesday, 7/13/11. The evening before was Parish council meeting with the new pastor and assoc pastor. I was so happy to have these new priests. Our new pastor told us he is partial to Blessed Mother Teresa's quote: "Do small things with great Love." He would like our parish to grow as a community instead of fragmented groups not communicating. So, he is aware of our parish issues, he wants to devote effort to helping us, and he shares my enthusiasm for Blessed Mother Teresa. After the parish council meeting, I went to the adoration chapel to thank God for this wonderful gift He had given our parish. I was filled with joy. In adoration, I reflected on how Mother Teresa had said that when she washes the face of a dving man, she sees the face of Jesus. She feels that this is a prayer in itself. To be washing the face of Jesus all day long is to be in a state of prayer all day long. I have tried to emulate Mother Teresa and Saint Teresa of the little flower who is my confirmation saint. By helping others in small ways and showing them compassion and respect, I am expressing love for God and my fellow man.

The following morning, I was thinking about the quote, "Do small things with great love" when I had a very clear visual image. Here is the best I can describe it.

I was stooped on the floor,

bent over a dying man, washing his face. It was very clearly the face of Jesus. I was so appreciative of this opportunity to get to wash His face, to bring Him comfort. I felt the presence of Mother Teresa beside me, guiding me. Jesus was peaceful, serene, not moving. But I could definitely hear the moans and cries of the other men. Their despair was

palpable. I looked up from Jesus' face and saw the room had no walls. For as far as I could see, in every direc-

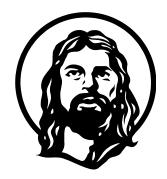
tion, there was an endless number of dying men, crying out in pain and hopelessness. It took my breath away and I panicked. How could I possibly care for all these men? Surely some would die before I could reach them. This was clearly an impossible task. I stood up and prepared to run away. Mother Teresa stood up beside me. She remained calm. In her quiet, purposeful voice, she said. "Oh my, I best get busy, Jesus is waiting." She knelt beside the closest man and began quietly washing his face.

That evening was cursillo group. I shared this visual and was encouraged to journal it. Over the next few days, I reflected on it. Here is my opinion on it. Often times, I get tired and frustrated from 'doing too much'. There seems to be a never ending need to help more. Sometimes, I feel like I am stretched too thin. There are so many more programs that need to be started. I have learned that I am not a good leader. I am a worker bee at best and a helper most of the time. I am not qualified to start programs. I am too shy to speak before crowds. I lack the charisma to influence others. So how do I best serve God?

I think God wanted me to realize that Blessed Mother Teresa did not let the magnitude of the problem stop her from beginning. Let me repeat that. Blessed Mother Teresa did not let the magnitude of the problem stop her from be-

> ginning. So, now, along with my motto of "Do small things with great love", I include my new motto, "I best get busy, Jesus is waiting."

De Colores!





Article V.1.c. Add the following at the end of the paragraph – The Secretary will maintain a current, accurate mailing and email list of all cursillistas and assume responsibility for all mailings and emails sent out by the Secretariat. The Secretary communicates with the Database Administrator.

Article V.2.b. Add the following at the end of the paragraph re Cursillo – He/she will preside and coordinate the Clausura of the Cursillo weekend. He/she will be responsible for getting the new Cursillistas' names, addresses, and email addresses from the Rector/Rectora of the Cursillo Weekends (the Roster) and give to the Cursillo Secretariat Secretary to be placed in the archives.

Article V.2.c. Remove the following at the end of the paragraph re Post Cursillo – He/She will preside and coordinate the Clausura.

Article V.3. Add the following at the end of the paragraph re SOL – The School of Leaders will also be known as "4th Day Workshop."

Article V.6. Add the following at the end of the paragraph – If a non-voting member of the Secretariat's position becomes voting, the term of office begins anew for the three (3) year term.

We also discussed changes to the Pastoral Plan. Proposed amendments are as follows:

Three Day Cursillo, Long Term Goals – Add Encourage specific times for Palanca on an "individual" basis during regular times, especially during the week of a Three Day Weekend. Conduct Spanish language (only) Cursillos. Remove "after the establishment of a Spanish language School of Leaders and Ultreyas" as the Spanish School of Leaders has already been established. Add "Appoint bi-lingual Cursillistas to assist in various positions as assistants to the Secretariat."

Post Cursillo, Short Term Goals – Replace Parish Representative Coordinator (current Parish Coordinator is going to study for Permanent Deaconate). Establish a position for a Spanish Post Cursillo Coordinator. Long Term Goals – Add at least one more Ultreya in the diocese. Have Parish Rep workshops at least once a year. Delete "Work with the Secretariat to publish a newsletter, at least quarterly and disseminate other appropriate information."

School of Leaders, Add "also known as 4th Day Workshop" Short Term Goal – Delete "Establish a schedule quarterly for meetings of the School of Leaders." Long Term Goal – Add "Develop a format to go from meeting every other month to monthly School of Leaders."

Copies of these recommendations will be made available at all of the Ultreyas. If you have any comments regarding the above, please contact me at schering4@aol.com. The Secretariat plans to vote on these recommendations at its October 22 Secretariat meeting.

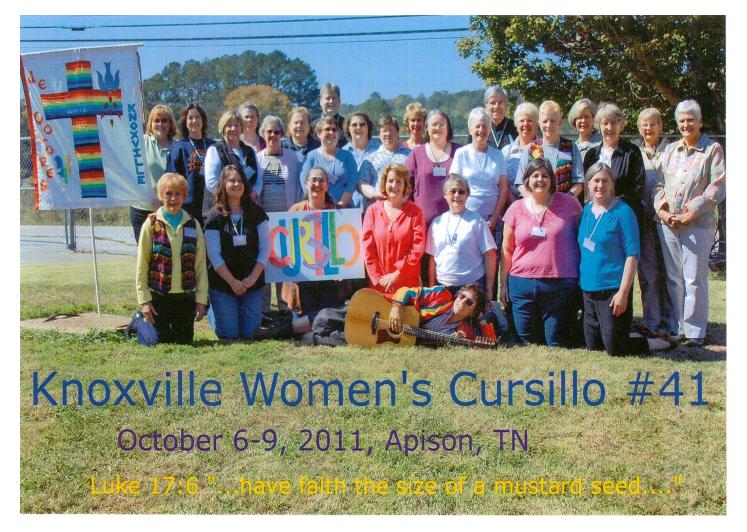
Ultreya!

Tribute to Sara Sesa

We recently lost one of our founders of the Knoxville Cursillo Movement. Sara Sesa died of progressive lung cancer. She was 67 years old. Her husband Carmine lives in West Virginia near family. Anyone wishing to send a card - Carmine Sesa's address is 1731 Woodward Terrace, Huntington, WVA 25705.

I knew Sara and Carmine only for a few years before they moved to West Virginia to be near their family. But they made a definite impression upon me as a new Cursillista. Sara was a warm and caring woman with Christ in her heart. Another Cursillista told me that Sara was like the "grandmother" of Knox-ville Cursillo. She and Carmine were always willing to jump in to lend a hand and offer their prayers and support for all the Cursillistas in our Diocese and around the world. We will miss her. May God hold her family close during their time of grief. Rest in peace, Sara.

Women's English Cursillo #41



A Tribute To Ray Bolton by Marianne and Tony Hartman

We lost another dear friend recently and although our hearts are heavy we rejoice in having known and loved Ray Bolton. What a wonderful and caring man! Tony and I met Ray and Carol through Cursillo but our friendship extended into so many other parts of our lives. We got together socially and the four of us traveled to Greece and Turkey with a group from the Knoxville diocese and more recently to Poland. Sharing these experiences with Ray and Carol made our trips even more special.

Ray had often shared his great love for hiking the Appalachian Trail with us and we knew how disappointed he was last year when he had to cut short his hike because of an injury. This May he set off to hike the final lap of the trail and we followed his journal as he described all the wonderful ways he experienced the Lord in the beauty of nature, fellow hikers he met along the trail and locals who would provide transportation when needed. Ray always recognized the good in others.

His sharing at Ultreya helped us realize that it isn't in the spectacular things we do that makes the Lord real but in the quiet, loving moments of showing love for another. We don't think Ray even recognized how special he was.

Although we miss Ray we know that we have a saint in heaven who is enjoying the fullness of the beauty of the Lord in every way.

Editor's note: I too knew and loved Ray. He will be greatly missed! May he rest in God's peace.

Secretariat Positions—Jobs for Election in October

The following positions on the Secretariat are up for reelection this year: Spanish School of Leaders Director, Secretary, Treasurer and Music Director (nonvoting position). All four positions serve for three years and are not limited to the number of terms served.

> The Spanish School of Leaders Director maintains the effectiveness of the Cursillo Movement in the Diocese of Knoxville; provides ongoing education, training and spiritual growth for the leaders of the Cursillo Movement: intensifies the living of what is fundamental to being a Christian—in each one of our members, in the Movement as a whole, and in the environments where the members live and work and have leadership influence.

tion takes the minutes at the Secretariat meeting, emails copies of the minutes to the Secretariat members and Assistants to the Secretariat, and posts the minutes on the web page. The Secretary will maintain a current, accurate mailing and email list of all cursillistas and assume responsibility for all mailings and emails sent out by the Secretariat. The Secretary communicates with the Database Administrator.

- The treasurer maintains the Cursillo financial documents. The treasurer will do all that is necessary to ensure that the Cursillo Movement is financially sound at all times and that local, regional and national financial obligation are met.
- The Music Director position creates and maintains a music support system for all major Cursillo functions, assists the Three Day Area with the recruiting and placing of individuals

to support the team for the Weekends. The Music Director recommends and prepares the Weekend music minister to Rector/Rectora and is available to the Weekend ministers.

Each candidate whether they are currently serving in the position or not must submit in writing their intention to run for a particular position by snail mail or email to the Lay Director at least seven days prior to the election on October 22, 2011. Each current Secretariat area will have one vote for each position. The votes will be by secret ballot and be counted by Fr. Alex.

Although not a Secretariat position at this time, the Spanish Cursillistas need a Post Cursillo Coordinator to bring about Christian transformation of environments using the Cursillo method of Piety, Study and Action, and to foster encouragement and perseverance primarily through Group Reunion and Ultreya. Please pray about it and say "Here I am" to the urgings of the Holy Spirit.

The Secretary posi-

LOOKING FOR A FEW GOOD MEN AND WOMEN TO GIVE BACK TO THE HOLY SPIRIT AND CURSILLO

Inspiration Corner by Fr. Alex Waraksa, Spiritual Director

A Restless Heart

This is a summary of a presentation by Rev. Peter Jaramillo the National Spiritual Advisor for the Cursillo Movement in the U.S. He is an Augustinian priest and this is part of their spirituality. We all experience having a restless heart at some time in our lives. He began by referencing some of the scriptures that reference the heart that God has made for us; and how God calls us to use our hearts, or how God blesses our hearts with the love we need and long for. Dt. 6:6 "Love God with your whole heart..." 1 Kings 3:12 At Solomon's request, God said "I give you a heart so wise and understanding... " Psalm 139:23 "Probe me, God, know my heart; try me, know my thoughts." Matthew 11:28-30 "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for your selves. For my yoke is easy, and my burden light." Matthew 15:8 "This people honor me with their lips, but their hearts are far from me..." Luke 23:32 "Were not our hearts burning (within us) while he spoke to us on the way and opened the scriptures to us?" 1 Corinthians 12:31 "Set your hearts on the greater gifts, and I will show you a still more excellent way." In summary, all scripture is to help us to know, live and experience life with all of your heart.

St. Augustine meditated on his heart's desires, his book

"Confessions" is about his journey to the Lord. Our heart's challenge is to overcome loneliness caused by sin or alienation. Or in other words, a pilgrim's awareness of his journey to completeness is to be aware of his incompleteness. We desire to be satisfied, but can't totally be satisfied in this world

"Our hearts are restless until they rest in thee O Lord" is an often quoted line of St. Augustine.

He said that Devotion to the Sacred Heart and Immaculate Heart are about coming to know the Heart of Jesus because He is exposing His

burning Heart to people. His Heart is burning with love for us. See the 15 prom-

"Jesus I trust in You." "Master, to whom shall we go? You have the words of eternal life."

ises of the Sacred Heart to those who honor the image and the Heart it represents. Among these promises are grace necessary for your state in life, peace in the home... a secure refuge of mercy during life and above all in death.

What might we see as we approach His Heart? When Paul was persecuting Christ, on the road to Damascus Paul saw the persecuted heart of Jesus. This turned Paul around and brought Paul to his knees. Do we want a pure, loving heart? One like Jesus? Yes. Is this what is worthwhile? "Why spend your money for what is not bread; your wages for what does not satisfy?" (Is. 55:2) Jesus fills us with what satisfies, his very life, love, grace. Sometimes we are unaware of what we need; it is like being sick without the proper diagnosis.

The struggle of the heart

and will is at times disjointed. I need a willingness to surrender my will. Sometimes I want to stay in my sin because it is pleasurable, yet uncomfortable, I

am broken and yet I still struggle and resist. The biggest part is to trust Him. "I do believe, help my unbelief" Mark 9:24. I want to trust but

may not fully be there yet. Repeat many times: "Jesus I trust in You." "Master, to whom shall we go?

You have the words of eternal life." John 6:68. Trust or not? Do I make a leap of faith? We want to

> renew our encounter of Jesus in Faith. We have a willingness to enter into a journey faith. I live my Cursillo now, not I lived in in 1997. My love is impure, selfish,

and incomplete. His love is perfect. I find peace this world cannot give as we read in John 14:27. How do we experience touching the wounds of Christ? Do we bring our wounds to Christ?

Don't speak only of conversion in the past. Speak of you conversion now, daily. Eduardo Bonin witnessed his living for and loving Jesus. Rejoice in who we are and what we have.

We pray to Jesus for courage and the grace to be converted to Him. May your home/heart be blessed.

He offered the following questions for reflection: How have I come to rest in the Lord? In what ways do I rest in Him? How do I become more authentic when I am in Christ or when I resting Christ?



Contact Information Print and Save FYI

Members of the Secretariat

Spiritual Director – **Fr. Alex Waraksa**, St. Patrick Catholic Church, 2518 W Andrew Johnson Hwy, Morristown, TN 37814, (423) 586-9174 <u>awaraksa@hotmail.com</u>

Lay Director - Lois Schering, 1505 Cavalier Dr., Maryville, TN 37803, 865-681-7858, schering4@aol.com

Pre-Cursillo - Robb Morris, 4209 Whitlow Ave, Knoxville, TN 37919, 865-637-1689, robert@morris.net

Cursillo, English - Aurora Gardner, 3448 No. Pone Rd., Georgetown, TN 37336, 423-336-5568, aurora3448@aol.com

Cursillo, Spanish - Beatriz Rincon, 3225 Hedrick Lane Cleveland, TN 37323, 423-614-0296, gmexicutie857@hotmail.com

Post-Cursillo - Dick Shriver, 2000 Cedar Lane, Knoxville, TN 37918, (cell) 865-384-2133, (h) 865-688-8601, shriver51@aol.com

English 4th Day Workshop – Jim & Judy Holt, 10 Flamingo Ct., Johnson City, TN 37601, 423-767-6394, <u>holtj@mail.etsu.edu</u>, judymassogliaholt@gmail.com

Spanish 4th Day Workshop - Alicia Mora, 309 Kilgore St. Athens, TN 37303, Cell 423-368-5310, Alexm2005@univision.com

Secretary - Kay Sheldon, 144 Dudala Way, Loudon, TN 37774, 865-458-8510, kaysheldon@bellsouth.net

Treasurer - Debra Ferreri, 1321 Parker Ave. SW., Cleveland, TN, 37311 (cell) 423-284-2018, <u>bambilynn2@bellsouth.net</u>

Music – Judy Holt, 10 Flamingo Ct., Johnson City, TN 37601, 423-767-6394, judymassogliaholt@gmail.com

Assistants to the Secretariat

Coordinator, English Group Reunion – Peter Ulmer, 11509 Ivy Chase Lane, Knoxville, TN 37934, (cell) 865-368-1898 (h) (865) 671-8207 alfryma@gmail.com

Coordinator, English Palanca – Velma Burke, 3697 Miser, Louisville, TN 37777, (cell) 865-406-9401, <u>velma_burke@yahoo.com</u>

Coordinator, Spanish Palanca – **Sofia Delgado**, 3115 Woodmore Lane NW, Cleveland, TN 37312, (cell) 423-715-6333, (h) 423-790-1742. <u>rocshsofia@aol.com</u>

Coordinator, English Parish Representatives – Dave Campbell, 325 Wooded Lane, Knoxville, TN 37922, (865) 755-3575, dcamp44@tds.net

Coordinator, Spanish PreCursillo – **Sofia Delgado**, 3115 Woodmore Lane NW, Cleveland, TN 37312, (cell) 423-715-6333, (h) 423-790-1742. rocshsofia@aol.com

Asst. Coordinator, English and Spanish 4th Day Workshop - vacant

Editor, Rooster Crows – Carol Rummel, 3007 Pueblo Drive, Crossville, TN 38572, (cell) 931-248-6922, (h) 931-788-2718, carreads@gmail.com

Spanish Leader - Nancy Kinerson, 124 Elizabeth Way, Cleveland, TN 37323, 423-476-9009, nanchita@charter.net

Webmaster - Robb Morris, 4209 Whitlow Ave, Knoxville, TN 37919, 865-637-1689, robert@morris.net



The Cursillo Movement by Nancy Kinerson

Are you looking for a profound knowledge of God and his Church? Read the following announcement: The goal of the Cursillo movement is to establish a closer and meaningful relationship with Christ by using the gospel as a way of life. Would you like to have the opportunity to experience this relationship with Christ and his church? The next three day weekend is coming soon.

The Cursillo movement of the Dioceses of Knoxville announces that the next Spanish Cursillo for Women will be the 25th – 28th of August at St. Therese of Lisieux parish in Cleveland, TN. For more information call one of the following persons:

Nancy Kinerson : 423-476-9009 Aurora Gardner: 423-715- 8235 Sofía Delgado de Rocha: 423-790-1742

Spanish Women's Weekend #7



CURSILLO DE DAMAS EN ESPAÑOL #7

DIOCESIS DE KNOXVILLE - AGOSTO 25-28, 2011 - CLEVELAND, TN

Cursillo Calendar 2011 (Updated)

Location **Event Date /Time Contact Person** Secretariat Meeting Oct 22 (Sat) 10 am-2 pm OLOF, Alcoa Lois Schering Fall Regional Encounter Oct 28-30 (Fri-Sun) Melbourne, KY (near Lois Schering Covington, KY) 4th Day Workshop St. Thomas (Lenoir City) Nov 12 (Sat) 10 am-2 pm Jim & Judy Holt/Eng Alicia Mora,/Spanish Dec 10 (Sat) 10 am-2 pm St. Thomas (Lenoir City) Secretariat Meeting Lois Schering

Secretariat Meeting = BLUE 4th Day Workshop = GREEN Regional and National Encounters = RED Cursillo Weekends = BLACK, BOLDED

PRINT THIS PAGE AND SAVE IT FOR FUTURE REFERENCE



DIOCESE OF KNOXVILLE CURSILLO



Make a friend, be a friend, bring a friend to Christ.

Cursillo proposes no new type of spirituality, but simply a method through which one's spirituality may be developed, lived, and shared in any area of human life, where there are Christians willing to dedicate their lives to Christ in an ongoing manner. The method is introduced on a Cursillo weekend.

In 1963, Pope Paul the VI appointed St. Paul as the official Patron of the Cursillo Movement. On that occasion he said:

"This method of Christian teaching, commonly called Cursillos in Christianity, extends already over a great number of faithful and has produced abundant fruit; Christian renewal of the family life, visualization of parishes, faithful observance of duties, in private, as well as public. All this has filled the Bishops and other Shepherds of souls with the greatest satisfaction."

We are on the web at http://www.knoxvillecursillo.org/

Cursillo Basics- by Jim Heath

The Holy Spirit gave me His greatest gift, Cursillo, in the Spring of 1990.

What have I given back, lately?

I recently received the following prayer and it helped remind me of why I have not given back to the Holy Spirit through Cursillo. I hope, it will encourage you to give back to the Holy Spirit for your gift of Cursillo through your renewed support of the Cursillo Movement in the Knoxville Diocese.

The Knots Prayer

Dear God: Please untie the knots that are in my mind, My heart, and my life; Remove the havenots, cannots and the do nots that I have in my mind. Erase the will nots, would nots that obstruct my life. And most of all, Dear God, I ask that you remove from my mind, my heart and my life all of the am nots that I have allowed to hold me back. In Jesus Name, Amen "I can do all things through Christ" Phillippians 4:13 Author: unkown

