

Your Cursillo Weekend -- What to Bring

- Toiletries: soap, shampoo, toothbrush/toothpaste, hairbrush, floss, etc and Towel
- Pillow & Bedding for a twin size bed, Blanket (blanket is optional)
- Flashlight
- Umbrella
- Ear Plugs or Noise Machine
- Sleepwear
- Comfortable Clothing (season adjusted) with nicer clothing for Sunday Mass
- Comfortable Shoes/Socks
- Sweater or light Jacket
- Chair Cushion and/or Back Support (if required)
- All Required Daily Medications; also bring OTC Meds Frequently Needed
- Overnight Stays.
- Sleep Apnea Machine (if required)
- Extension Cord

Things not to Bring

- Radio, TV, CD Player or Pagers

All Buildings are Smoke Free.

Other Things

- Thursday Evening Meal and Transportation will be arranged by Your Sponsor