

Your Cursillo Weekend -- What to Bring

- Toiletries: Soap, shampoo, hairbrush, hair dryer, toothbrush & toothpaste, floss, etc.
- Towel and washcloth. An extra towel or two is recommended, (there is a small bathmat in each room, but the floors do get cold)
- **Pillow, Bedding (sheet and blanket) for a twin-size bed.**
- Flashlight
- Umbrella or Raincoat (You will be walking outside between buildings, even in the event of rain)
- Ear Plugs or Noise Machine
- Sleepwear
- Comfortable Clothing (adjusted for season) with nicer clothing for Sunday Mass
- Comfortable Shoes/Socks
- Sweater or Jacket (adjusted for season)
- Chair Cushion and/or Back Support (if required)
- All Required Daily Medications; also bring OTC Meds Frequently Needed on Overnight Stays.
- CPAP Machine (if required)
- Extension Cord/Power Strip (You will have access to an outlet and a lamp next to your bed). You will probably be sharing a room with one other person.
- **Travel Coffee Cup and Water Cup**

Things not to Bring

- Radio, TV, CD Player, or Pagers

All Buildings are Smoke, Vape and Tobacco Free.

Other Things

- Thursday Evening Transportation will be arranged by your Sponsor.
- Thursday Evening Meal will be arranged by Your Sponsor. Your arrival time is 7 pm.
- If bringing your cell phone, we ask that it not be out or used during any of the activities.