

Please retain this information for your reference.

You are to bring the following:

Toiletries-soap, shampoo, toothpaste, shaving equipment, etc.

Towels and wash clothes

Sleeping bag or twin-size sheets and blankets for the beds

Pillow

Flashlight

Comfortable, casual warm clothing, with a slightly nicer outfit for Sunday

Rain wear

Any medications you usually require

Ear plugs (in case of snorers)

Please consider the time of year and dress in layers to aid in your comfort. Some activities may take place outside.

Please do not bring: Radio, Telephone, CD player or pagers.

Smoking is limited to the outdoors during breaks.

The weekend concludes on Sunday evening. Your sponsor will arrange for your transportation to and from the weekend.